

Tool card: Charting the LifeCourse

A framework and set of tools for people with disabilities and families to plan a good life across the lifespan, developed at the University of Missouri Kansas City Institute for Human Development. Some materials are licensed; check reuse terms. Permitted use: cite, link, use published tools within their terms.

Outside source

A public source outside this program. Check the current source before relying on it. Source: LifeCourse Nexus — <https://www.lifecoursetools.com/>

Content

Owner and publisher: LifeCourse Nexus, University of Missouri Kansas City Institute for Human Development. Status: published framework; some tools carry use terms.

Purpose: person-centered planning across life domains using the person's vision, trajectory, and an integrated mix of supports.

Limits: one planning framework among several. Quality depends on the person leading the conversation.

Program use: referenced in service-delivery orientation and in DSD planning scenarios. Tools are linked, not reproduced.

Next steps

- **Disability rights and service delivery** — program page [/library/lm-disability-rights-and-service-delivery](#)

Sources

- **LifeCourse Nexus** — The original source for this resource. <https://www.lifecoursetools.com/>